Why you want to tell your story...

For you...

- To reflect on what has made you who you are, over the years, and record this all in one place
- To tell something that has never been told before, and unburden yourself
- To find your voice...
- To define your own legacy

"Loving ourselves through the process of owning our story is the bravest thing we'll ever do." Brené Brown

For your family...

- To pass on interesting and important information to your family, by putting it all in one place
- To create something in digital format, so it is available to your children and grandchildren in digital format
- To add to family and social history

What you get

You will receive a lovely spiral bound book, which will contain:





Your key details of immediate family tree – grand/parents, siblings, and grand/children (3/5 generations)

A timeline of your life or Transcribed and edited information that you have provided – a high level overview of your life





This book provided digitally on either a USB stick or CD

Your choice to add more:

- Life story or timeline for your partner
- Scanned photos (batches of 6)
- Additional information on major incidents
- A short (5 minute) iPhone video of you speaking about your life, or a message to your family, included on the USB stick/CD
- Additional bound copies (batches of 5)

How it works

I come to your house, and record our conversations.

- First meeting (1 hour): Confirmation of personal details; agree expectations; book meetings; pay deposit. I provide questions to ponder.
- 2. Second meeting (1 3 hours): We cover timeline, or decades 1 3/4; you give photos.
- 3. Third meeting (2 3 hours): We cover decades 4 7 or more. I then prepare a book draft and provide it to you to read by the next meeting.
- 4. **Fourth meeting (1 hour):** Identify any changes needed to the draft.
- Book is finalised and presented to you with USB/CD. You make final payment.

Packages (per person)

Please call to discuss your unique Life Story

Granit Package: 3 generation tree; life timeline **Agate Package**: 5 generation tree; life story

Garnet Package: As above; plus

6 photos; plus 5 additional books printed

Diamond Package: As per Agate Package, plus video; plus 1 additional Major event; plus 1 minor event [additional 1.5 hr meeting]; plus 5 books

Additional Items:

Your partner's story; batch of 6 photos; batch of 5 additional books; 5 min video (iPhone); Timeline(s); Major event (1 hour talking time); Minor event (.5 hour talking time)

Jan Marshall



I have found my creative bent, writing — and have recently discovered the vital importance of recording and telling my own story, even the most challenging parts.

I can now make available for you a chance to use my:

- Excellent listening skills
- Assistance to reveal the source of your true essence for your current and future family to see
- Ability to transcribe and edit your words producing a book, including a digital version to pass down to future generations for all time

To talk about meeting times and other possibilities, contact me:

- ① 0401 875 605
- info@janmarshall.me

You Provide...

1. Personal details for your tree



- -Parents
- -Siblings
- -Children
- 2. For **each decade** of your life, you share your recollections of:
 - ✓ Key happenings/events, that formed or changed you
 - ✓ The actions and people involved in this event
 - ✓ How these changed or influenced you
 - ✓ How does this impact who you are now

NB: You may need to add one or more Major Event (1 hour talking) options to your book package as our discussions evolve.

- 3. Important photos, in batches of 6, for scanning.
- 4. What additional items you will need, such as multiple bound copies.



Your Life

in a book



Based on your own words, recollections and photos

Transcribed, edited, and bound

Digitally provided on USB/CD

A gift for future generations!

Your ghost writer is

Jan Marshall

3 0401 875 605

info@janmarshall.me